



# Historic Trinity

## News Letter

Vol. 26, No. 2 - February 2012



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### Pastor's Comment - "Rejoice, this Lenten Season"

Lent can make us a little uncomfortable, at times. It reminds us that we are sinners, and we don't always like to think of ourselves in that way, reminding us of our many shortcomings. But as we worship during this Lenten Season, listening to scripture about who Jesus was and what he did for us, we know that God's mercy is greater than our sins. Lent is about becoming the people God wants us to be. It is about letting God mold our hearts and shape our spirits. Taking time, with God's help, to change our lives for the better. As you set aside time, each day to pray, remember that you are praying with Christians across the globe, all of whom are being shaped by the love of Christ, our Savior. "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." (John 3:16) God made us, God loves us, God saves us. Rejoice, this Lenten Season!



### CELEBRATE YOUR WEDDING ANNIVERSARY

At Historic Trinity on Sunday, February 12<sup>th</sup>. During all three worship services, recognition will be given to all individuals celebrating their 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup>, 20<sup>th</sup>, 25<sup>th</sup>, 30<sup>th</sup>, 40<sup>th</sup>, and 50<sup>th</sup> Wedding Anniversaries, this year. Each celebrating couple will receive a boutonniere for men and a corsage for women. All married couples will be given the opportunity to repeat their "marriage vows" to each other and will be remembered in the Altar prayers, that day.



### FAREWELL TO "ALLELUIA"



Historic Trinity says "Farewell to Alleluia" at the conclusion of each worship service on Sunday, February 19<sup>th</sup>, in preparation for the solemn season of Lent. The "Alleluia banner" is put away until Easter Sunday. The services will offer up a great outburst of praise before the solemn season of Lent, with the Historic Trinity Cathedral Choir and organist, Karl Osterland, at their festive best.

### "Continuing The Legacy"

God has been good to Historic Trinity Lutheran Church blessing its ministry for over 160 years. We are thankful for the many church members and friends who have passed on to us the great heritage and legacy of Historic Trinity, that is today a major parish in downtown Detroit. It is our privilege and honor each day to share in worship, praise, service to God and to others. It is also our responsibility to pass on this legacy to this generation and to generations yet to come. I ask your help at this time to commit to the "Continuing The Legacy". Each of us can participate in this campaign at what ever level we are able to do so. Watch throughout the next months for some exciting events that promote and continuing the Historic Trinity legacy.



### ASH WEDNESDAY SERVICES

Historic Trinity will hold Ash Wednesday Services on February 22<sup>nd</sup> at 12:00 noon and 7:00p.m. Rev. Carl Gnewuch will deliver the sermon at the noon service and the Our Shepherd Lutheran School Choir will sing. A lunch, free-will offering, will be held following the 12noon service. Rev. Dr. Kieth Gerberding will preach at the 7:00p.m. worship service and the Historic Trinity Cathedral Choir will sing. In keeping with ancient tradition, ashes for the forehead will be dispensed to individuals who desire, at both services.



### FAMILY NIGHT- Don't forget to make your reservations!



An evening for the whole family is planned for Friday, February 3<sup>rd</sup>, beginning at 6:15p.m., at Historic Trinity. This year's theme is "Camping Under the Stars". Dinner is a potluck buffet- so bring along your favorite dish. There will be singing, games, entertainment and lots of great fun! Don't forget to bring baby layette items to be collected and donated to the Lutheran Child & Family Services.

### LENT PANCAKE BREAKFAST

The Historic Trinity Men's Ministry group is holding a Lenten Pancake Breakfast on Sunday, February 19<sup>th</sup>, from 8:30a.m. to 11:30a.m. Pancakes, syrups, a selection of toppings, sausages, juices, coffee, tea and milk will be the menu for the day. Make your reservations SOON. The cost is \$6.00 for adults, \$3.00 for those 6 years thru 12 years old, children 5 and under are free. Family rate \$12.00 for 3 or more persons.



### LUTHERAN EDUCATORS SUNDAY

All Lutheran Educators of the Metro Detroit area will be recognized during all three services at Historic Trinity on Sunday, February 5<sup>th</sup> and will be given a token of appreciation for their dedication and service. Educators will present the litany and prayers in all three services. In the 9:30a.m. worship service, Rosemarie Dyer will be presented with the Cathedral Ministry Lutheran Educators Award for 2012.



### I, M PROUD TO BE A MEMBER OF HISTORIC TRINITY





## FEBRUARY BIRTHDAYS

1 Preston Daily	9 Lloyd Simpson	18 Linda Finger
1 Diane Dossin	9 Katherine VanElslander	19 Joyce Burt
1 Rebecca Eberhard	9 Brenton Welti	19 Louise Gauger
1 Ronald Golembiewski	10 Kenneth Conrad	19 Alexander Graebner
1 Karen Mertens	10 Jennifer Cutter	20 Douglas Crosby
1 Jarrette Simmons	10 Jonathan Eichberger	20 Christopher Dales
2 Richard Carolan	10 David Glancy	20 Catherine Heise
2 Elizabeth Parker	10 Charles Kowal	20 Alan Miller
2 Juilanne Scholtz	10 Gavin Male	20 Lauren Mitchell
2 Katherine Scott	11 Rev. Ronald Guettler	21 Thomas Rosenthal
3 Nathan Cochrell	11 Mackenzie Kozloff	22 Richard Harding
3 Marlene Herzog	11 Karl Osterland	22 Jack Karle
3 Matthew Lambert	11 Tracey Smiles	22 William Williams
3 Michael Miller	12 James Garber IV	23 Alyssa Benka
3 Richard Phillips Jr	12 Martha Johns	23 Leo Gorajek Jr
3 Ashley Phillips	12 Joan Mrazik	23 Sydney Metikosh
3 Timothy Simpson	12 Marisa Newsome	24 Elizabeth Bramlage
3 Nicholas Spitzer	12 Mary Rosenbusch	24 Elizabeth McCaffrey
3 Mark Stuecher	13 Andrew Bramlage	24 Jacob Page
4 Janice Drewek	13 Zachary Malinowski	24 Rylee Reiser
4 Michelene Eberhard	13 Robert Ryan	24 Mildred Stephens
4 Patricia Hannah	13 Rachel Webb	25 Janice Bronsted
4 Skyler Lukitsh	14 Kimberly Chambers	25 June Martel
4 Richard Machesky	14 Gail Dantzler	25 Kristin Schley
5 Brandon Christmann	14 Elizabeth Heneveld	25 Jeffery Stroble
5 Charles DiMaggio	14 Suzanne Kromath	25 Steven Wojtowicz
5 Michael Melone	14 Max Meidl	25 Brook Zuzga
5 William Rooker	14 Jack Merlo	26 Roger Ball Jr
5 Justin Sellers	14 Kenneth Stekete	26 Ashlee Bertolone
5 Virginia Vallee	14 Glenn Swain	26 Thomas Keller
5 Lisa Wiesenberger	15 Timothy Chrzanowski	26 Robert Larivee Sr
6 Cynthia Van Elslander	15 Amy Sander	26 Nicholas Linstruth
7 Alicia Baginski	15 Marion Tokarchuk	26 Jeffery Rebant
7 Kara Turle	15 Andrew White	26 Bryan Strongman
8 Charles Kapayo	16 Larry Dellas	26 Erika White
8 John Major	16 Torin Kim	27 Dennis Feldmann II
8 Diane Murphy	16 Michael Metikosh	27 Peggy Rode
8 Gustaf Torsch	16 Erik Rosvold	27 Norman Thomsen
9 Tara Backer	17 Alfredo Calderon Jr	28 Richard Ditri
9 John Fitzpatrick	17 Makayla Eubanks	28 Jessica Knoblauch
9 Valerie Hayhurst	17 Hal Parish	28 Joseph Kurcz
9 Kurt Heise	17 Veronika Rager	28 Susan Sattelmeier
9 Jason Hill	17 Ronald Trute	28 Rev. Ronald Schmidt
9 George Qualls	18 Jillian Cansler Rode	28 William Woodfin
		28 Cody Word

## SOUP & CHILI SUPPER

This year's Soup & Chili Supper will be held on Saturday, February 25<sup>th</sup>, beginning at 5:00p.m. All members and friends of Historic Trinity are invited to join in this yummy tastefest. All soup and chili entries are welcomed—simply call the church office (313-567-3100) or Denise Gorajek (734-675-4319) to register the soup or chili you wish to enter. There will be a judging of the best soup, chili and decorated table. The cost to attend is \$5.00 per adult, all youth and children 12 and under are free.



## Celebrating

An Anniversary This Month

## FEBRUARY ANNIVERSARIES

3 Ronald & Diane Golembiewski
3 John & Michelle Przytulski II
5 Mark Sanford & Susan Miller
12 Dennis & Josephine Feldmann I
16 Bryan & Megan Kutz
16 Michael & Kristin Schley
17 Lawrence & Joan Mrazik
18 Dennis & Darlene Seibel
19 Ronald & Barbara Kozloff
20 Todd & Lisha Kilgus
23 Bruce & Julie Colasanti
24 David & Kelly Dermeyer
25 James & Mary Spaulding
26 Mark & Ashlee Bertolone
27 Kenneth & Suzanne Reilich
28 Ryan & Julie Ulferts

### FUNERALS

Donald Hansen went to his heavenly home, December 30<sup>th</sup>

### BAPTISMS

Mackenzie Amelia Kozloff,  
daughter of Mr. & Mrs. Ronald Kozloff, Feb 5<sup>th</sup>

### NEWMEMBERS

Tom & Lisa Gage, and JT Gage  
Michael & Erika Page,  
Jacob & Kalie Michael  
Ashley Taglione



### Connecticut Supper by Marion Tokarchuk

2 large onions, sliced	2 T fat
2 lbs beef stew meat, cut into 1 inch cubes	
2 large potatoes, sliced 1/4 inch thick	
1 can cream of mushroom soup	1 cup water
1 cup sour cream	1-1/4 cups milk
1 tsp salt	1/4 tsp pepper
1 cup grated cheddar cheese	1/2 cup crushed potato chips

Brown onions in fat. Add meat and water. Cover. Simmer 50 minutes. Heat oven to 350 degrees. Pour into 13x9x2 inch baking dish. Place potato slices over meat. Blend soup, sour cream, milk, salt & pepper. Pour evenly over top. Sprinkle with cheese and potato chips. Bake uncovered 1-1/2 hours or until done. Makes 6-8 servings.

This recipe, and others, can be found in the new supplement to the Historic Trinity Cookbook, both sold at the Guild Counter.

## FEBRUARY VOLUNTEERS

Thanks to all our many volunteers! Altar Guild, Ushers, Bulletin Stuffers, Acolytes and Crucifers, Greeters, Parish Nurses, persons who prepare and donate to the coffee hour, and many others who provide such dedicated and faithful service to our church.



### Ushers:

8:15am- B Brantley, J Barker, W Juriew, J Lutz, V Voelker, A Watson, K Weier

9:30am- M Alter, J Barker, B Brantley, R Delas, R Maas, R Machesky, T Nelson, J Vives, V Voelker

11am- P Bulthuis, M Hayes, W Juriew, G Kovach, H Muellenhagen, R Krugler, V Voelker, B Vollmert

### Altar Guild:

8:15 & 9:30am- V Haley; M Erfourth

11am- Conrad Family

Ash Wednesday noon- J Champney, M Erfourth & J Rosvold

Ash Wednesday pm- J & B Krogsrud

### Acolytes & Crucifers:

C & T Bruning; S, K, K & I Bruning; R, J, S & A Carolan;

K Chesney; DeNeen; S Dynkowski; H, S & R Eberhard;

J. Garver; S Geldys; V Haley; C & K Heise; T & B Herrera;

E Hollan; S Jones; C, B, M & J Karle; C King; J & B Krogsrud;

C & M Machesky; D Mitchell; H Parish; S Spicer; E Stephens;

S Valls; A Wiesenberger.

### Bulletin Stuffers:

M & B Asmus; J & C Barker; L Bereza, A Cornwell, R DeNeen,

P Douglas; D Firchau; R & D Goddard; E Hollan, M Erfourth,

R & E McCaffrey, J Moon; G Rode, K Vandemergel & V Voelker.

## PARISH NURSE NEWS- by Nancy Jones

In February we recognize Valentine's Day and American Heart Month. This month I would like to share some thoughts with you on **Heart Attacks**. What is a Heart Attack? A heart attack (or myocardial infarction) refers to an



**interruption in the blood supply** to the heart which

is so severe that **some of the heart muscle dies**. Heart attacks are usually caused by a blood clot in a heart artery. The blood clot attaches to deposits of cholesterol in the artery and blocks the blood flow to the heart muscle. What are the Symptoms of a Heart Attack? Heart attacks can cause a variety of symptoms, but the following are the ones most commonly associated with heart attacks. **\*Uncomfortable pressure, fullness, squeezing, or pain in the center of the chest (it may spread to the arms, shoulder, neck or back) which lasts for more than a few minutes.**

**\*Lightheadedness, weakness or fainting \*Sweating, nausea, or shortness of breath.** A person having a heart attack may not have all of these symptoms, but if you experience any of them, you should consider the possibility of a heart attack. May you be blessed with God's heart healing peace. "A heart at peace gives life to the body..." Proverbs 14:30. If you have any concerns or questions related to heart disease, please see one of the parish nurses.

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